

Prod. No.
3491

NATURE'S BOUNTY

FACTS

STANDARDIZED EXTRACT

MILK THISTLE

175 mg

Promotes Healthy Liver Function*

HERBAL SUPPLEMENT

100 CAPSULES

*Milk Thistle supports liver health and possesses antioxidant properties that may help fight cell-damaging free radicals in the body.**

DIRECTIONS: For adults, take one (1) capsule two to three times daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Nature's Bounty's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

Nature's Bounty's preservative-free gelatin capsules contain pure milled herb powder.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving %Daily Value

Milk Thistle Extract	175 mg	**
<i>(Silybum marianum)</i> (seed)		
(standardized to contain 80% Silymarin, 140 mg)		

**Daily Value not established.

Other Ingredients: Maltodextrin, Gelatin, Magnesium Silicate, Vegetable Magnesium Stearate, Silica.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing. **KEEP OUT OF REACH OF CHILDREN.** Store in a dry place and avoid excessive heat.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web
www.NaturesBounty.com

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