

Prod. No. 1790



B1792 06E

NATURE'S BOUNTY

FACTS

IRON

28 mg

FERROUS SULFATE



**Helps Maintain
Energy Utilization***

**Helps Promote
Iron-Rich Blood***

DIETARY SUPPLEMENT

100 TABLETS



Iron is a necessary component of hemoglobin, the oxygen carrier in the blood, and is also important for energy utilization. Ferrous Sulfate contains the iron your body needs each day for proper functioning.**

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Iron	28 mg 156%
(as Ferrous Sulfate)	

Other Ingredients: Calcium Carbonate, Dicalcium Phosphate, Cellulose (Plant Origin), Croscarmellose, Vegetable Stearic Acid, Cellulose Coating, Vegetable Magnesium Stearate.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing. **KEEP OUT OF REACH OF CHILDREN.** Store in a dry place and avoid excessive heat.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web
www.NaturesBounty.com

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